



## Café Conversations Series: Roots and Wings 2009-2010

Presented by PAL at:  
The Meeting Place  
96 Rolfe St, Cranston  
6:30-8:00 PM

- September 29th “Taking Care of Business”  
How can work and/or self employment be a realistic expectation for your sons/daughters?
- October 20th “Moving Out...or I’m Staying Put!”  
Come hear families’ experiences on creating different living situations inside and outside of their homes..
- January 19th “Make a Plan Stan”  
How to use gifts and capacities tools to define goals and expectations when choosing supports and services...
- February 16th “That’s Life”  
Come learn about some helpful tools that help people build healthy, meaningful relationships...
- March 16th “You Can’t Get There From Here!”  
Hear what some folks have done to make transportation work for them...
- April 29th “Ask Not What Your Community Can Do For You...Ask What You Can Do For Your Community”  
Meet and learn from people who are carving out their niche in their community and are making meaningful contributions...

PAL, an advocacy organization for families and individuals with developmental disabilities, offers this “critical matters” opportunity for family members.

This is a free series, but space is limited!

Please RSVP to PAL at  
401-785-2100 or [krenaud@pal-ri.org](mailto:krenaud@pal-ri.org)

We look forward to seeing you!

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